

devoted scripture journal

A Daily Guide to Loving God
Through His Word

Jazmin N. Frank

© 2020 Jazmin N. Frank

Printed in the United States of America

All rights reserved. No portion of this book may be reproduced, stored in a retrieval system, or transmitted in any form or by any means—electronic, mechanical, photocopy, recording, scanning, or other—without the prior written permission of the publisher. The only exception is brief quotations in printed reviews and certain other noncommercial uses permitted by copyright law.

www.jazminnfrank.com

Cover & interior design by Typewriter Creative Co. Artwork by Alisa Foytik/Graphic Market on CreativeMarket.com.

Scripture quotations are from the ESV® Bible (The Holy Bible, English Standard Version®), copyright © 2001 by Crossway, a publishing ministry of Good News Publishers. Used by permission. All rights reserved.

ISBN 978-0-578-67576-3 (Paperback)

This journal belongs to:

Started on:

Finished on:

Get access to my free workshop, *Meaningful Bible Study
for Daily Devotion*.

Sign up now at jazminnfrank.com/workshop.

introduction

For years my faith was based on performance. Having grown up in church, I knew what was expected of me, and I fulfilled those expectations dutifully. I used a Bible reading plan and tried to read through the whole Bible in a year. I prayed over my food. I was at church every Sunday, unless I had a fever. I served even in areas that I didn't feel especially called to or passionate about because I thought that was what God wanted.

I was checking off all of the boxes, but my faith was marked by a lot of anxiety. I viewed God as a task master I had to obey and whose wrath and disappointment I wanted to avoid, rather than the loving Father described in Scripture. I was so afraid that if I didn't do my part, if I disappointed God in anyway, His grace would no longer apply to me.

But grace can't be won or lost. By its very definition, grace is undeserved favor.

Because our God is gracious—in the true meaning of the word, not the way I had come to understand it in all of my striving—He lovingly reminded me what life with Him is really all about. *Faith is not a tightrope performance*, He assured me. *Rather, it's a well-worn path wide enough for the both of us to walk together.*

de·vot·ed: *to be committed to the pursuit of something or someone; to be steadfast and faithful.*

I had set myself high on this tightrope of performance, petrified that one false move would knock me out of His grace, but God was adamant that faith is about relationship—daily, devoted relationship with Him.

It's taken me years of leaning in and listening to God for me to learn what it looks like to live devoted to Him. It's taken a lot of uncomfortable seasons for God to rewire my thoughts about Him and about myself so that I could learn how to relate with Him freely.

I'm not perfect at it, but I've learned how to make space for God. I've learned how to live committed to His Word, to remain steadfast and faithful in my relationship with Him, no matter the season.

My hope is that this journal helps you do the same. I pray it helps you make intentional space to love God, love His story, and live devoted.

Wherever you're at in your faith journey, whatever season you're in, this journal can be a partner and provide physical space to help you know God better and spend time with Him. This journal will help you name your season, stay in tune with your heart, claim joy, dig deep into Scripture, and encounter our God who is a loving Father, full of grace.

Blessings on your journey, dear heart.

Live in His love!

> > jazmin

how to use this journal

I've used a lot of Bible study journals over the years, and I've put many of them down because I felt pressure to make sure all of the spaces were filled. Other times it just felt like the journal was asking me to do too much. I don't want this journal to feel like that for you. The Devoted Scripture Journal is designed to be flexible and easy to use. Each section is included intentionally and can be adapted to fit your needs.

I've also created a free resource called *Meaningful Bible Study for Daily Devotion*, which is a four session workshop that will walk you through the practice of using daily Bible study as a way to build relationship with God. You can access that course on my website: jazminnfrank.com/workshop.

Now, let's get to the details and talk about the sections you will find in this journal:

Name Your Season

There is great value in acknowledging where you are, where you've been, and where you want to go, especially in your relationship with God. The *Name Your Season* section provides guided reflection to get you thinking about your relationship with God. Before you dig into your Bible reading and study, I encourage you to take some time to fill out the *Name Your Season* section on pg. 14.

Daily Pages

The majority of this journal is made up of the *Daily Pages*. These pages consist of five sections that can be adapted to fit your needs and the passage you are working with that day. Here is a quick explanation of the purpose of each section in the *Daily Pages* and some ideas for how you can adapt them:

Prepare my heart: I've found that often when I come into my time

with the Lord, I'm carrying a lot of stuff with me and I can get easily distracted. This section is meant to help you prepare to hear from God. Use this section for prayer, journaling, brain dumping, etc.

Daily Joy: This is your gratitude section, but it can also go beyond just what you're thankful for. What things can you claim as joy today? What corners of your life are hard to handle? Where do you need God to show up? List them here and claim them as joy.

Word of Life: God's Word gives life. No matter what season we are walking through, His Word gives us what we need to keep going and to keep trusting Him. Use this space to record what you read. Write out the full passage, key words, or verses. However you use this section, allow this to be a space to connect with God and His Word.

Dig Deeper: View this as your application and connection section to relate Scripture to your season. Use this space to ask God questions, make connections between this passage and something else you've read, record what you learn about God or a bit of truth that encourages you in this season. This is also a great place to follow rabbit trails. If your reading leads you to another passage, record that here. Use this space to dig deeper into a particular word, verse, truth, idea, or respond to God's Word.

Truth for Today: What truth from your reading can you take with you? What truth are you clinging to? Use this space to record your take away from today's time or as a space to practice a verse you are memorizing.

Weekly Heart Check

One of the most beneficial questions I have ever been asked is, "How's your heart?" It's harder to dodge than "How are you doing?" This question requires you to take a hard look at your internal, emotional, and spiritual world and name the real things. With a few guided questions and ample blank space to get honest with yourself and God, this section is meant to help you take a weekly break from Scripture reading and have an honest heart conversation with the Lord. I really like using this page on my Sabbath day. You'll find some questions to prompt the conversation as well as some wide

open journaling space to write whatever is on your heart.

Back of the Book Resources

At the very end of this journal I've included some other resources you might find helpful. There is a 30 day reading plan, a prayer guide for tracking what you're praying about, and a list of 10 ideas to shake up your devotional routine. You can also find more reading plans and resources in the library on my website: www.jazminnfrank.com/library.

This journal is wide open for you to build relationship with God and encounter Him in an honest and real way. Feel free to come back to these pages if you ever need a reminder of how to use the various elements of this journal, but don't get bogged down in what you're supposed to do here. There is no right way to do this. Remember, this journal is for you. Make it what you need it to be. You have so much freedom here.

Now, let's turn the page together and start naming this season.

I can't wait to see what God does in your life and heart!

*One thing have I asked of the LORD,
that will I seek after:
that I may dwell in the house of the LORD
all the days of my life,
to gaze upon the beauty of the LORD
and to inquire in his temple.*

Psalm 27:4

name your season

There is something to be said about naming your season—acknowledging where you are, where you’ve been, and where you want to go. We learn something by looking back and we can find encouragement in looking ahead, but sometimes we forget to acknowledge where we are right here and now.

To prepare your heart for a season of digging into God’s Word, take some time to respond to the reflection questions below.

Describe what’s going on in your life right now.

.....

.....

.....

.....

If you could use a single word or phrase to name this season, what would it be?

.....

.....

.....

.....

How is your relationship with God?

.....

.....

.....

.....

In what ways do you find it easiest and most natural to connect with God?

.....

.....

.....

.....

.....

What do you hope to see grow or change during this season?

.....

.....

.....

.....

.....

What does living devoted to God and His Word look like in your life right now?

.....

.....

.....

.....

.....

In what ways are you performing for God that you need to let go of?

.....

.....

.....

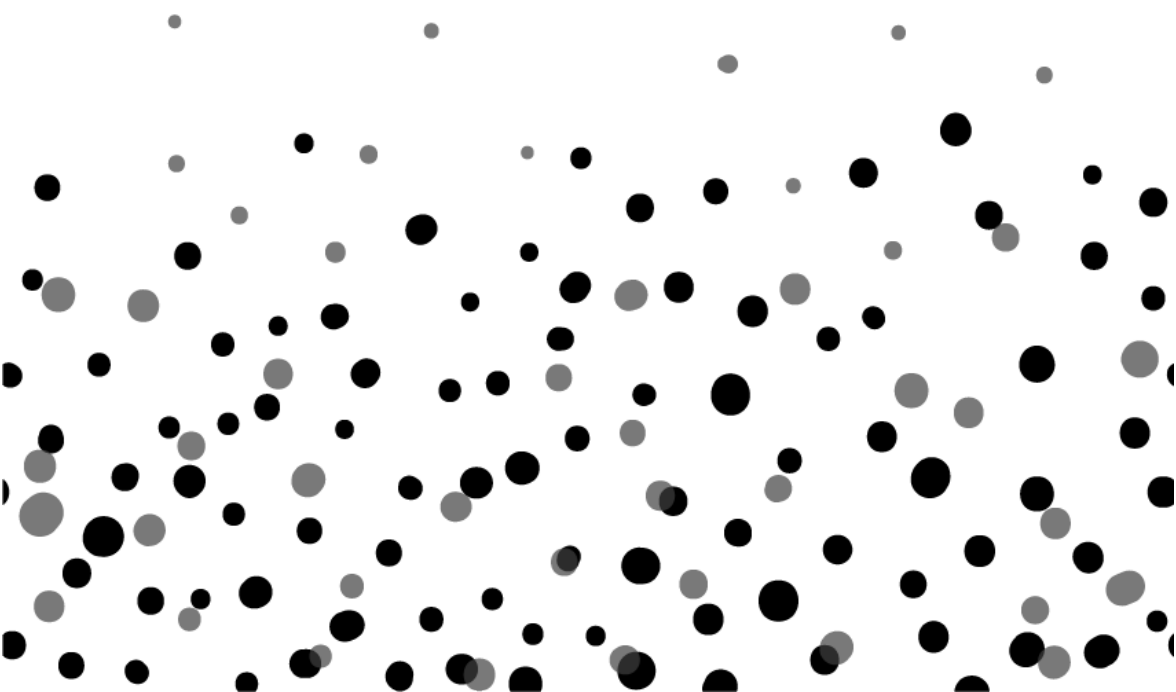
.....

.....

.....

This image shows a full page of white paper with horizontal dotted lines, typical of primary school writing paper. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

daily pages



date:

Passage

Prepare My Heart

.....

.....

.....

.....

.....

.....

.....

.....

Daily Joy

.....

.....

.....

.....

Word of Life

.....

.....

.....

.....

.....

.....

.....

.....

[illegible]

.....

.....

.....

.....

date:

Passage

Prepare My Heart

.....

.....

.....

.....

.....

.....

.....

.....

Daily Joy

.....

.....

.....

.....

Word of Life

.....

.....

.....

.....

.....

.....

.....

.....

This image shows a full page of white paper with horizontal dotted lines. The lines are evenly spaced and run across the width of the page, providing a guide for handwriting practice. There are no margins, text, or other markings on the page.

.....

.....

.....

.....

date:

Passage

Prepare My Heart

.....

.....

.....

.....

.....

.....

.....

.....

Daily Joy

.....

.....

.....

.....

Word of Life

.....

.....

.....

.....

.....

.....

.....

.....

This image shows a full page of white paper with horizontal dotted lines. The lines are evenly spaced and run across the width of the page, providing a guide for handwriting practice. There are no margins, text, or other markings on the page.

.....

.....

.....

.....

date:

Passage

Prepare My Heart

.....

.....

.....

.....

.....

.....

.....

.....

Daily Joy

.....

.....

.....

.....

Word of Life

.....

.....

.....

.....

.....

.....

.....

.....

Dig Deeper

[illegible]

Truth for Today

.....

.....

.....

.....

date:

Passage

Prepare My Heart

.....

.....

.....

.....

.....

.....

.....

.....

Daily Joy

.....

.....

.....

.....

Word of Life

.....

.....

.....

.....

.....

.....

.....

.....

This image shows a full page of white paper with horizontal dotted lines, resembling notebook paper. The lines are evenly spaced and run across the width of the page. There is no handwriting or other markings on the paper.

.....

.....

.....

.....

date:

Passage

Prepare My Heart

.....

.....

.....

.....

.....

.....

.....

.....

Daily Joy

.....

.....

.....

.....

Word of Life

.....

.....

.....

.....

.....

.....

.....

.....

This image shows a full page of white paper with horizontal dotted lines. The lines are evenly spaced and run across the width of the page, providing a guide for handwriting practice. There are no margins, text, or other markings on the page.

.....

.....

.....

.....

heart check

How's your heart this week? What are you feeling? What are you wrestling with? What are you believing about God? What are you celebrating?

.....

.....

.....

.....

.....

.....

.....

.....

In what ways have you experienced God this week?

.....

.....

.....

.....

.....

.....

.....

.....

In what ways are you seeking Him this week?

.....

.....

.....

.....

This image shows a full page of a document template designed for handwriting practice or general note-taking. It consists of approximately 28 evenly spaced, horizontal dotted lines extending across the width of the page. The background is plain white, providing a clear space for text entry. There are no margins, headers, footers, or other graphical elements present.

your season in review

At the beginning of this journal you took some time and made space to reflect on where you were and how you wanted to grow and experience God. Now let's mark the end of this season by looking back at where you've been and what you've learned. Take this part slow. Flip pack through the pages and allow this to be a place of connecting with God.

Look back over what you've studied. What have you learned about God, His Word, and yourself during this season?

.....

.....

.....

.....

.....

What was your favorite or most impactful passage that you studied?

.....

.....

.....

.....

.....

Glance back over your heart check sections. How have you grown or matured?

.....

.....

.....

.....

What prayers did you see God answer?

.....

.....

.....

.....

What are you still praying about or waiting for God to do that you will carry into your next season?

.....

.....

.....

.....

Look back at the word or phrase you picked to name this season. How did you see that word come to life? What word defines how you and God have grown together? Why this word?

.....

.....

.....

.....

Begin again: Every season that ends leads into a new one, all of them coming together to form your devoted life. Make a plan with God for what comes next. Will you pick up a fresh journal and start again? Is there a Bible study or book God is drawing you to? Is there a spiritual discipline you would like to learn more about? Write down your thoughts here and then take one step today to act on it.

.....

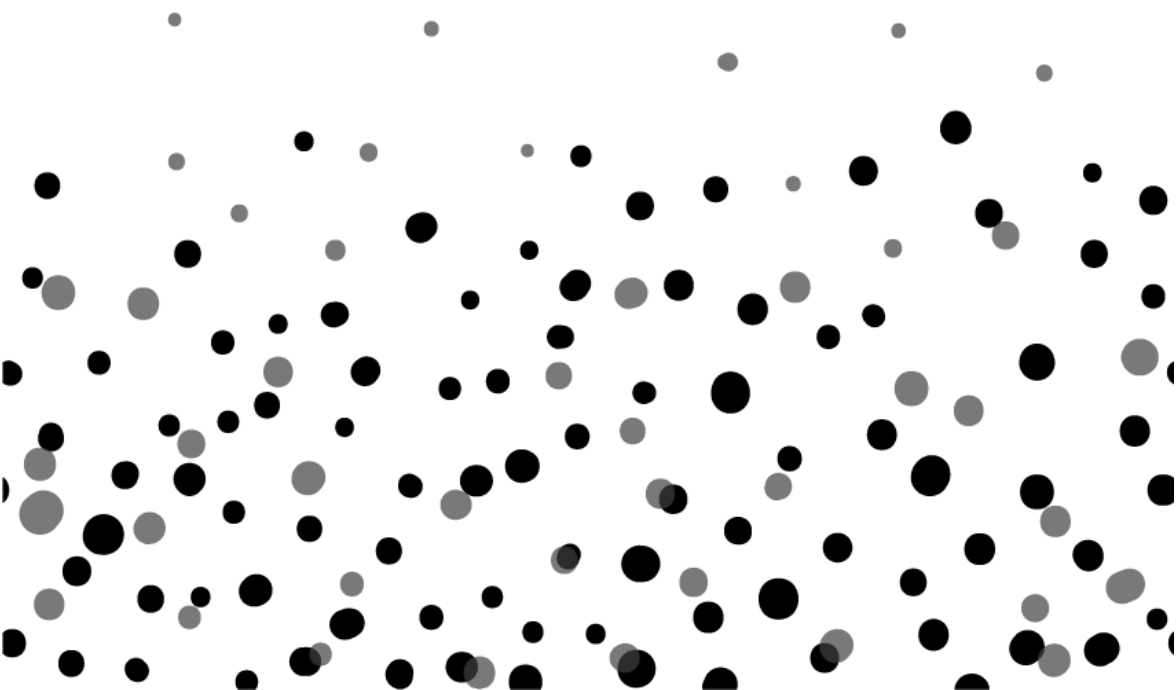
.....

.....

.....

.....

resources

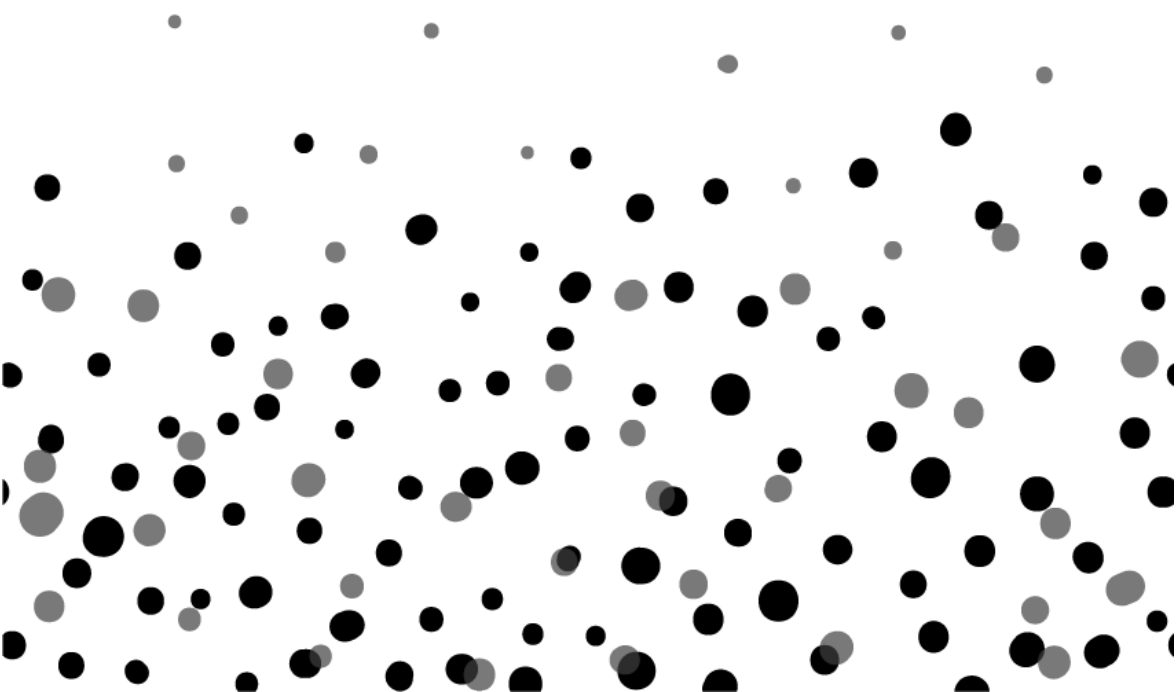


30 day devoted reading plan

- | | |
|--|--|
| <input type="checkbox"/> Day 1 • Genesis 1-2 | <input type="checkbox"/> Day 16 • 1 Samuel 3:1-21 |
| <input type="checkbox"/> Day 2 • Psalm 16 | <input type="checkbox"/> Day 17 • Ephesians 6:10-20 |
| <input type="checkbox"/> Day 3 • John 15 | <input type="checkbox"/> Day 18 • Psalm 1 |
| <input type="checkbox"/> Day 4 • Isaiah 55 | <input type="checkbox"/> Day 19 • Isaiah 43 |
| <input type="checkbox"/> Day 5 • Matthew 6 | <input type="checkbox"/> Day 20 • Hebrews 11 |
| <input type="checkbox"/> Day 6 • Deuteronomy 6:4-9 | <input type="checkbox"/> Day 21 • 1 Corinthians 12:1-13:13 |
| <input type="checkbox"/> Day 7 • Romans 12 | <input type="checkbox"/> Day 22 • Romans 8 |
| <input type="checkbox"/> Day 8 • 2 Corinthians 3:17-4:18 | <input type="checkbox"/> Day 23 • Zephaniah 3:14-20 |
| <input type="checkbox"/> Day 9 • Psalm 27 | <input type="checkbox"/> Day 24 • 1 Timothy 4:1-16 |
| <input type="checkbox"/> Day 10 • 1 John 4:7-21 | <input type="checkbox"/> Day 25 • 1 Peter 1:3-2:12 |
| <input type="checkbox"/> Day 11 • Psalm 103 | <input type="checkbox"/> Day 26 • Philippians 3:1-16 |
| <input type="checkbox"/> Day 12 • Acts 2 | <input type="checkbox"/> Day 27 • Job 1 |
| <input type="checkbox"/> Day 13 • Joshua 24:1-28 | <input type="checkbox"/> Day 28 • Colossians 3:1-17 |
| <input type="checkbox"/> Day 14 • Psalm 63 | <input type="checkbox"/> Day 29 • Psalm 139 |
| <input type="checkbox"/> Day 15 • Ecclesiastes 3:1-8 | <input type="checkbox"/> Day 30 • Matthew 28:16-20 |

**Find more Bible reading plans and resources at
jzminnfrank.com/library.**

prayer pages



Praying for...

.....
.....

Scripture I'm praying

.....
.....

Date:.....

Answer

.....
.....

Date:.....

Praying for...

.....
.....

Scripture I'm praying

.....
.....

Date:.....

Answer

.....
.....

Date:.....

special thanks!

A great big hug and a thank you to my community members who are helping expand this mission of loving God, loving His story, and living devoted:

Brittany

Judy

Alexandria

Patti

Sara

about the author

Jazmin N. Frank is an author, teacher, and speaker on all things Bible. With a focus on building relationship with God, Jazmin equips and encourages ordinary people to love God, love His story, and live devoted. She enjoys creating Bible studies that help people dive deep into Scripture, while also teaching Bible study skills. Learn more and connect with Jazmin online @jazminnfrank or on her website jazminnfrank.com.



Let's stay connected

Facebook and Instagram

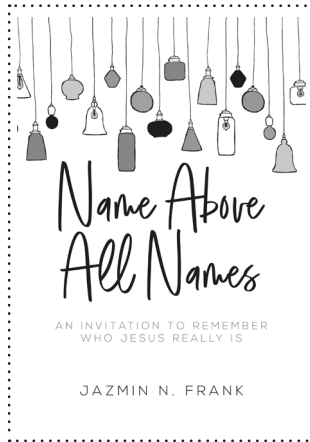
[@jazminnfrank.com](https://www.instagram.com/jazminnfrank)

Jazminnfrank.com

[#beautifullydevotedlife](https://www.instagram.com/beautifullydevotedlife)

[#beautifullydevotedcommunity](https://www.instagram.com/beautifullydevotedcommunity)

also available



Have you forgotten who Jesus is? We humans forget so easily. We forget appointments, important tasks that need completed, and birthdays. We even forget who Jesus is and who we are in him. And when we forget who Jesus is, we doubt his love and question whether he really cares about us. We begin to think that faith is about performance and that maybe if we do enough he will come through for us. But that's not who our Jesus is. He isn't looking for our performance. He desires our love and devotion. This 31 day study through the gospel of John invites you to remember who Jesus is by focusing on the names of Jesus. The names of Jesus tell us plainly who he is. They show us how we can relate to him, what he has accomplished, and in some cases, the names of Jesus also define us. So in remembering who Jesus is, we also are reminded of who we are in him. Let this be the season you remember the name that is above every name—the name of Jesus. And in remembering him, may you come to trust him more than you ever have before.

Available on Amazon

**Ebook available on
jazminnfrank.com/name-above-all-names**